Looking back at the past of Store To Door and toward the future, as we expand our services under the new overarching name of Help At Your Door.

Our history dates back to 1982, where we began as a non-profit called Social Technologies for a Livable Community, with a purpose to conduct research on aging community issues and fill older adult needs.

Two years later, our grocery delivery program, Store To Door, was established for seniors who can no longer shop on their own.

After more than 32 years of delivering groceries to seniors, Store To Door is now a program under a larger overarching name of Help At Your Door, where seniors and people with disabilities will receive the additional services they need to live in the setting of their choice.

The year of 2017 brings new and exciting changes for Help At Your Door.

The idea for these changes began in 2016, when we surveyed our clients and found that 43% do not have a reliable source of transportation, 53% require help with in-home chores and 45% said that having an occasional meal and a companion around the home would help to keep them from moving into an assisted living care facility.

With an overwhelming response of requests for these services, it became clear that an expansion of services beyond our Store To Door grocery and delivery service, was in line.

With our new services, we will continue to better address the needs of seniors and people with disabilities as they remain independent, safe and in their homes.

Under the enveloping name of Help At Your Door, our expanded services include Handyman Services, Transportation Services and Companion Care Services.

Explore the pages of your Annual Report for more details of fiscal year 2016, and how we plan to grow in 2017.

Our Mission: is to help seniors and individuals with disabilities maintain their independence and continue living in their homes.

Our Vision: a community where aging is a positive experience.
Executive Director’s Note

Happy New Year! I want to extend ample thanks to all of our clients, caretakers, volunteers and donors. We could not provide the life-changing services we do without your support.

There is much to celebrate about Fiscal Year 2016. We served thousands of clients and had more than 40,000 personal client interactions. That’s about 110 one-on-one connections per day, where our volunteers, drivers and additional staff built lasting relationships that play a significant role in helping seniors and individuals with disabilities to maintain their independence, feel supported, and remain confident to stay in their homes.

Throughout the past year, we have heard lots of great feedback from our clients and found that while grocery needs are being met, there are additional ways that we can help. There is a strong need for new services; specifically transportation, handyman and help with in-home projects.

In the year ahead, we are excited about our newly expanded services and the opportunities they will open for our existing and future clients.

Thank you for your investment in these services and for your continuing support to help seniors and people with disabilities maintain their independence and continue living in their homes.

Karen Cotch
Executive Director

Karen Polzin, Board Chair
Retired Cargill

Geoff Pescheret, Vice Chair
Vice President
General Mills

Patricia Nott, Secretary
Vice President, People Development
Benedictine Health System

Emily Schenkel, Treasurer
Principal
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Margie Judd
Regional Director
Cub Foods

Kristin Ojala
Global Travel and Employee Services
General Mills

Rich Passmore
Vice President, Operations
Viking Electric Supply

Jay Plazing
Regional Director Campus Operations
Augustana Care

Ginger Sisco
Principal
Sisco Public Relations, Inc.

Patty Tornes
Manager, Performance and Planning
Xcel Energy

Scott Zimprich
President
The Gecko Group
**Revenue**

- Corporate & Foundation: $365,900
- Contributions: $195,291
- Fundraising Revenue: $122,283
- Earned Revenue: $388,937
- Government Grants: $172,681
- Total Revenue: $1,224,092

**Expenses**

- Programs: $1,061,900
- Administrative: $95,510
- Fundraising: $178,094
- Total Expenses: $1,335,504

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**Who We Help**

- **1,708** Clients Served
- 50% have incomes between 100%-200% of poverty
- 86% live alone
- 55% are over the age of 80
- 23% have income levels below poverty

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**How We Help**

- **749** Volunteers
- **24** Staff
- **43,314** Personal Client Interactions
- **$1,760,922** Total $ of Food Deliveries

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WE CURRENTLY SERVE 11 INDIVIDUALS OVER THE AGE OF 100!

**Contact**

(651) 642-1892 | helpatyourdoor.org
Partners and Supporters

Corporations and Foundations
3M Gives
3M Foundation
Aetna Foundation
Allianz Life Insurance Company of North America
Allina Health System
Ameriprise Financial
Andersen Corporate Foundation
Andersen Corporation
Beverly Foundation
Blue Cross Blue Shield of MN
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Concord USA
Cornerstone Automotive
Coulee Bank
Cub Cares Community Fund
Cub Foods
Deluxe Corporation Foundation
Elmer L. & Eleanor J. Andersen Foundation
EY
Fred C. & Katherine B. Andersen Foundation
General Mills Foundation
Hardenbergh Foundation
H.B. Fuller Company
Holden Family Foundation
Hugh J. Andersen Foundation
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Jim Kalkes Insurance Agency, Inc
Joseph Durda Foundation
Katherine B. Andersen Fund of The Saint Paul Foundation
Kopp Family Foundation
Land O’Lakes Foundation
Leonette M. and Fred T. Lanners Foundation
Maguire Agency
Maple Grove Hospital
Margaret Rivers Fund
Medtronic Foundation
Metropolitan Area Agency on Aging
Mill City Credit Union
National Business Group
Northern Tier/SuperAmerica
Old Dutch Foods, Inc.

State of Minnesota, Cities and Counties
City of Edina
Metropolitan Area Agency on Aging
Contracts for waivered services with counties
and health plans: Anoka, Carver, Dakota, Hennepin,
Ramsey, Scott and Washington Counties. Blue Plus,
Health Partners, Medica, Metropolitan Health Plan and UCare.
State of Minnesota

Community Organizations
Anoka Women of Today
Becton Dickinson Co.
Blue Ridge Dental Center
Burnsville Rotary Foundation
Eagles Aerie 3208 – Richfield Bloomington
Lions Club of Chanhassen
New Hope Women of Today
Rotary - Golden Valley
Vadnais Heights Lions Club

Faith-based Communities
Macalaster Plymouth United Church
St. Joan of Arc Catholic Church
Wooddale Church

Thank you to all donors that support Help At Your Door, including our individual contributors.
Ways to Get Involved

Volunteers are the heart of our Help At Your Door non-profit services. We rely on our volunteers every day as we serve seniors and individuals with disabilities in our Twin Cities community.

With expanded services, comes additional ways for our volunteers to get involved. From preparing occasional meals, to painting projects and changing light bulbs, volunteers can contribute in a variety of ways:

**Grocery Shopper**
From about 6:00-10:00 a.m. on Mondays - Fridays, our Grocery Shoppers fill senior’s orders at stores in Bloomington, Maplewood and St. Anthony. Shoppers choose the day, once a week or every other week, and the location that works best for them.

**Order Taker**
Individuals in our Order Taker role work when they want, from a place that’s convenient for them. This role consists of calling seniors and entering their grocery orders into our easy to use system.

Help At Your Door volunteers Bill Driscoll and Shirley Shimota raked leaves for some seniors in our community this fall.

**Homemaker**
Our Homemaker volunteers assist with in-home tasks like cooking or baking and household chores, like cleaning and organization. This volunteer opportunity will allow you to build personal relationships while fulfilling needs in the homes of clients.

**Chore Assistant**
Our Chore Assistants perform “light handyman” projects like: interior and exterior painting, hanging pictures, changing light bulbs, smoke detector batteries, and more.

**Driver**
Our Volunteer Drivers help clients to get back and forth safely from their appointments or errands. Drivers are asked for preferred availability and geographic areas, and are matched with riders accordingly. Weekday or weekend hours are available.

Do you have questions? Call our Volunteer Manager, Carolyn Swenson, at (651)-209-1856.

2016 Volunteer #’s

<table>
<thead>
<tr>
<th>Volunteers Involved</th>
<th>Volunteer Hours</th>
<th>Monetary Equivalent of Volunteer Hours</th>
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<tbody>
<tr>
<td>749</td>
<td>41,275</td>
<td>$1,040,130</td>
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</tbody>
</table>

Karen is 74-years-old, widowed and has multiple sclerosis. She loves getting personal visits from Help At Your Door team members from time to time.
Paper or E-mail?
Help us save resources!
To sign up for our e-newsletter or to unsubscribe, send an email to our Communications Manager, Megan Hibma at megan@helpatyourdoor.org.

Connect With Us

facebook.com/HelpAtYourDoorMN
@HelpAtYourDoor
linkedin.com/company/HelpAtYourDoor

Art and Composition Contest
For Middle & High School Students
What Does Aging Mean to You?

Art Submission Deadline: April 4, 2017

Art and composition winners from each age group will be displayed and announced during Older Americans Month in May.

More details coming soon to our social media pages & website!