Building Relationships - One Visit at a Time

For more than 30 years, Help At Your Door has served Minnesota’s aging population with the goal of helping individuals remain healthy and at home. Each day, our volunteers and staff offer a helpful hand to connect with seniors who need a little extra support to remain independent.

Meet John Meyer and his son, Scott, who have both stepped up and given back to those in our community who need help. John began bringing food into our clients’ homes in 2000 and his passion for serving seniors was evident in every delivery he made. He brought so much more than food; a friendly face, compassion, and a little extra help have built lasting connections and made meaningful impacts on people’s lives.

Seven years ago, Scott decided to follow in his father’s footsteps, and since then has helped ensure that area seniors have what they need to remain independent. Ernestine, 85, put the connection together and realized that both father and son have been there for her: “Help At Your Door has been a lifesaver for me.”

These moments, and the relationships that have developed over the years, inspire our work. While our services are critical to ensuring that those who we serve can remain in their homes, it is the day-to-day interactions and commitment to our clients’ well-being that set us apart and allow us to continue our important work.

To read the full story, visit: helpatyourdoor.org

Client Testimonial

“Yesterday was the first time we have used Help At The Door transportation service and to our delight it was more then we anticipated. When we called for a ride we mentioned the fact that my wife needed help down our outside steps and to get to the car. Your driver, Christen, was the perfect person to handle these challenges. She also came to pick us up when we finished our appointments. She took us home and helped my wife into our house. Your service and your driver were so satisfying that we are already thinking about our next appointments.”

Our Mission: is to help seniors and individuals with disabilities maintain their independence and continue living in their homes.

Our Vision: a community where aging is a positive experience.
Board of Directors

Karen Polzin, Board Chair
Retired, Cargill Executive

Geoff Pescheret, Board Vice-Chair
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Principal, Sisco Public Relations Inc.

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President, The Gecko Group

Executive Director’s Note

2017 was a year of change for Help At Your Door. Committed to meeting the diverse needs of our clients, their families, and caregivers, we expanded our services. In addition to bringing food to those in need, we now offer Home Support and Transportation, all of which help people continue their lifelong routines and stay connected to their communities.

I would like to thank all our clients, caretakers, volunteers, staff and donors. It is a privilege to interact daily with people who care deeply about the independence of seniors and people with disabilities.

Being independent does not mean doing everything yourself. Knowing when to ask for help is often the key to preventing injury and improving quality of life. Many older adults need only a small amount of support to remain healthy and in their homes – and our services are helping people do just that.

With the number of older adults expected to grow significantly in the coming years, it is essential that Minnesotans have the support to embrace aging. In the year ahead, we will continue our efforts, giving those that we serve the peace of mind that comes with using our trusted, experienced services.

Thank you for your investment in our organization. We could not do what we do without you.

Karen Cotch
Executive Director
Financials

**Revenue**

- Corporate & Foundation: $439,147
- Government Grants: $281,308
- Earned Revenue: $262,824
- Contributions: $146,393
- Other Revenue: $24,284

**Total Revenue:** $1,153,956

**Expenses**

- Programs: $794,484
- Administrative: $80,578
- Fundraising: $113,522

**Total Expenses:** $988,584

Source: independent audit of financial statements for year ending in September 30, 2017. Conducted by Olsen Thielson & Co., Ltd.

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**Who We Help**

- **Clients Served:** 1,317
- 46% have incomes between 100%-200% of poverty
- 82% live alone
- 45% are over the age of 80
- 34% have income levels below poverty

**How We Help**

- **Volunteers:** 609
- **Staff:** 21
- **Personal Client Interactions:** 42,722
- **Total $ of Food Deliveries:** $1,080,809

651-642-1892 | helpatyourdoor.org
Partners & Supporters

CORPORATIONS & FOUNDATIONS
3M Gives
3M Foundation
AARP Foundation
Aetna Foundation
Allianz Life Insurance Company of
North America
Allina Health System
Ameriprise Financial
Andersen Corporation
Blue Cross Blue Shield of Minnesota
Briggs and Morgan, PA
C.H. Robinson Foundation
Casey Albert T. O’Neil Foundation
CDF Foundation
Columns Resource Group Foundation
Coulee Bank
Cub Cares Community Fund
Cub Foods
Delta Dental
Doherty Family Foundation
Elmer L. & Eleanor J. Andersen Foundation
Entegris Charitable Fund of
Minneapolis Foundation
F.R. Bigelow Foundation
General Mills Foundation
Hardenbergh Foundation
H.B. Fuller Company
Hardenberg Foundation
Holden Family Foundation
Hugh J. Andersen Foundation
James R. Thorpe Foundation
Katherine B. Andersen Fund of
The Saint Paul Foundation
Land O’Lakes Foundation
Leonette M. and Fred T.
Lanners Foundation
Minneapolis Foundation
Otto Bremer Trust
Richard M. Schulze Family Foundation
Ronald Fingerhut Family Foundation
Sociable Cider Werks, LLC
Simma Flottemesch & Orenstein Ltd
Stevens Square Foundation
Target Foundation
TDS Telecom
The Prudential Foundation
The St. Paul Family Foundation

CORPORATIONS & FOUNDATIONS continued
Thomson Reuters
Thrivent Financial Foundation
UnitedHealth Group
Westwood Professional Services, Inc.
Xcel Energy

STATE OF MINNESOTA –
CITIES AND COUNTIES
City of Edina
Community Action Partnership of
Suburban Hennepin
Metropolitan Area Agency on Aging
Minnesota Department of
Human Services
State of Minnesota

Contracts for waived services with
counties and health plans: Anoka,
Carver, Dakota, Hennepin, Ramsey,
Scott and Washington Counties.
Blue Plus, Health Partners, Medica,
Metropolitan Health Plan and UCare.

COMMUNITY ORGANIZATIONS
Anoka Women of Today
Burnsville Rotary Foundation
Collegiate School
Eagles 3208
Hiawatha High
New Hope Women of Today
Stillwater Rotary
Vadnais Heights Lions Club
Woodbury Women of Today

FAITH-BASED COMMUNITIES
Holy Name Church
Macalaster Plymouth United Church
St. Paul’s Church Home
Wooddale Church

thank you! to our partners and
donors for their support and commitment to
helping people age successfully in our
community.
Who We Are

Help At Your Door, formerly known as Store to Door, was established as a 501(c)(3) nonprofit in 1984 by a researcher from the Wilder Foundation who recognized that many seniors wanted to continue living independently in their homes, but were at risk of placement in costly care facilities due to lack of basic support. For the past thirty years, Help At Your Door has enabled people to age confidently at home by providing food access, companionship, and a helpful hand in the seven counties encompassing Minnesota’s Greater Metro Area.

To better meet our clients' needs, in 2016 we incorporated Live Well At Home, a risk-screenings system. Extensive needs assessments showed that our clients needed additional services to remain at home, with basic chore assistance and transportation being at the top of the list.

Realizing that we could do more to help individuals embrace aging and live independently, in 2017 we became Help At Your Door, expanding our offerings to include Transportation and Home Support services. With a group of caring staff, more than five hundred volunteers, and a board of directors filled with skills and expertise, we reduce barriers by providing a friendly hand to help our clients stay in their homes.

Our Services

helpatyourdoor.org  |  651-642-1892

GROCERY ASSISTANCE

Our service provides access to nutritious food, personal contact, and a helpful hand in your kitchen.

- Easy-to-use product catalog that includes food items and household essentials
- Orders can be placed online or over the phone
- Delivery of groceries and help with putting items away
- Accept EBT payments/SNAP benefits

HOME SUPPORT

Need a little help around the house? Whether it’s vacuuming or hanging pictures — we can help keep your home orderly inside and out.

Help At Your Door offers both chore assistance and home repair services. Examples include: dusting, washing windows, cleaning counters, organizing areas, installing accommodation features, repairing drywall, hanging decor, painting walls, and more!

TRANSPORTATION

With a team of personal drivers, we can get you where you want to go — even if you just want to get out of the house.

- We can take you to appointments and anywhere else within the seven counties we serve.
- Do you have a list of errands to run? No problem. We can make multiple stops and wait for you.
- Want a friend to come along? Rides can be accompanied.
Helping seniors and individuals with disabilities maintain their independence and continue living in their homes. Help At Your Door is a 501(c)(3) nonprofit. Donations are tax deductible.

Giving Back

Volunteer
There are several ways to give your time to those who need it most. Opportunities include: home helper, handyperson, personal driver, delivery assistant and more! Looking for group volunteer activities? We have those, too.

Donate
As a nonprofit, we rely on donations to help those that we serve remain independent and in their homes. We believe that aging should be a positive experience. Whether one-time, monthly, or in honor of someone special, every gift helps.

Visit
To learn more and give back, visit: helpatyourdoor.org

Thank you for your support!
This year, more than 600 Help At Your Door’s volunteers gave 24,171 hours.