Request a SERVICE

**GROCERY ASSISTANCE**

Our service provides access to nutritious food, personal contact, and a helpful hand in your kitchen.

- Easy-to-use shopping guide if needed
- Personal connections with volunteers
- Orders can be placed over the phone or online
- Delivery of groceries and assistance putting items away
- Accept SNAP benefits

_Delivery Cost:_ Sliding scale based on income and age $5-15

**HOME SUPPORT**

Need a little help around the house? Whether it’s vacuuming or hanging pictures — we can help keep your home orderly inside and out.

Help At Your Door offers both chore assistance and home repair services. Examples include: dusting surfaces, washing windows, cleaning counters, organizing areas, installing accommodation features, repairing drywall, hanging décor, painting walls, and more!

_Cost:_ $30/hr

**TRANSPORTATION**

With a team of personal drivers, we can get you where you want to go — even if you just want to get out of your home.

_Cost:_ $10*  
*One-way trip, up to 15 minutes or sliding scale based on age and income

To learn more and schedule your service, call: **651-642-1892** or visit: [helpatyourdoor.org](http://helpatyourdoor.org)

Help At Your Door is a 501(c)(3) nonprofit. Our mission is to help seniors and individuals with disabilities maintain their independence and continue living in their homes.