



Request a SERVICE



Waivers accepted.*

**If you receive assistance, we may be able to work with your program.*

GROCERY ASSISTANCE



Our service provides access to nutritious food, personal contact, and a helpful hand in your kitchen.

- Easy-to-use shopping guide if needed
- Personal connections with volunteers
- Orders can be placed over the **phone** or online
- Delivery of groceries and assistance putting items away
- Accept SNAP benefits

Delivery Cost: Sliding scale based on income and age \$5-15

HOME SUPPORT



Need a little help around the house? Whether it's vacuuming or hanging pictures — we can help keep your home orderly inside and out.

Help At Your Door offers both chore assistance and home repair services. Examples include: dusting surfaces, washing windows, cleaning counters, organizing areas, installing accommodation features, repairing drywall, hanging décor, painting walls, and more!

Cost: \$30/hr

TRANSPORTATION



With a team of personal drivers, we can get you where you want to go — even if you just want to get out of your home

- We can take you to appointments and anywhere else within the seven counties we serve.
- Do you have have a list of errands to run? No problem. We can make multiple stops and wait for you.
- Want a friend to come along? Rides can be accompanied.

Cost: \$10*

**One-way trip, up to 15 minutes or sliding scale based on age and income*

To learn more and schedule your service, call: **651-642-1892** or visit: **helpatyourdoor.org**

Help At Your Door is a 501(c)(3) nonprofit. Our mission is to help seniors and individuals with disabilities maintain their independence and continue living in their homes.