



VOLUNTEER GROCERY HELPER

GOAL: Provide a familiar and friendly presence to Help At Your Door (HAYD) clients while ensuring that their need for groceries is met.

Duties and Responsibilities:

- Upon instructions from HAYD office, pick up grocery orders from designated store during your assigned pick-up day and time. Groceries should be packed and ready to go at your arrival.
- Sign out your assigned grocery orders on the volunteer sign out sheet.
- Deliver groceries immediately after pick-up from store.
- If making more than one delivery, keep orders separated during transit.
- Unpack and put away frozen and refrigerated items, and other items as requested, unless the client has indicated a "no contact" delivery.
- Hand client the grocery receipt and HAYD paperwork.
- Be mindful not to let groceries sit in your vehicle for an extended period of time.
- Visit with the client, checking in on their well-being.
- Be alert and make note of any "red flags" you notice while interacting with the client.
- Follow designated emergency procedures regarding client not at home or other client concerns.
- Abide by HAYD program boundaries, including no-tipping policy.
- Alert the HAYD Operations Director to any upcoming absences.

Requirements:

- Interest in Help At Your Door's mission of helping seniors and individuals with disabilities maintain their independence and continue living in their homes.
- Complete a volunteer application and pass a criminal background check.
- Commit to assisting up to two clients on the same day on a weekly basis.
- Access to a reliable vehicle.
- Can lift and carry totes or bags of groceries.
- Fluency in English (read, write, speak, and understand).
- Are at least 18 years of age, unless volunteering with a parent/guardian.

Reports To: Operations Director

For More Information Contact:

Help At Your Door

8441 Wayzata Blvd, #160

Golden Valley, MN 55426

www.helpatyourdoor.org

651-642-1892

volunteer@helpatyourdoor.org

7/27/2022